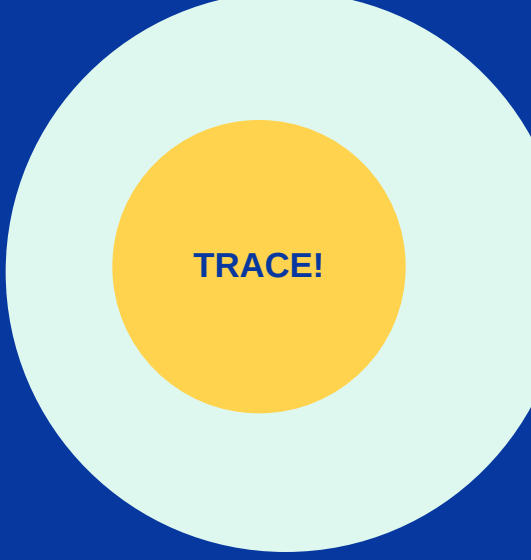




TRACE!

PREWRITING & PENCIL CONTROL

Path Pals

A playful practice packet for little hands

Grown-up guide

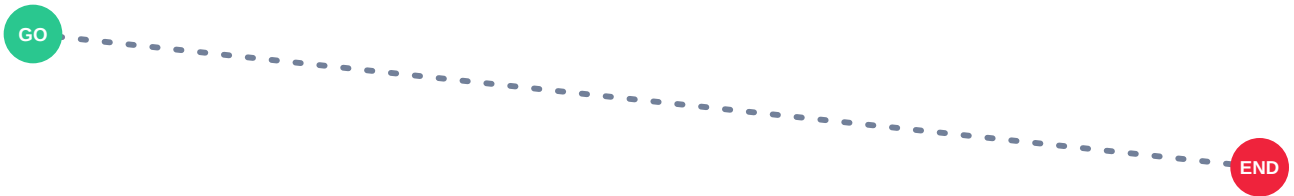
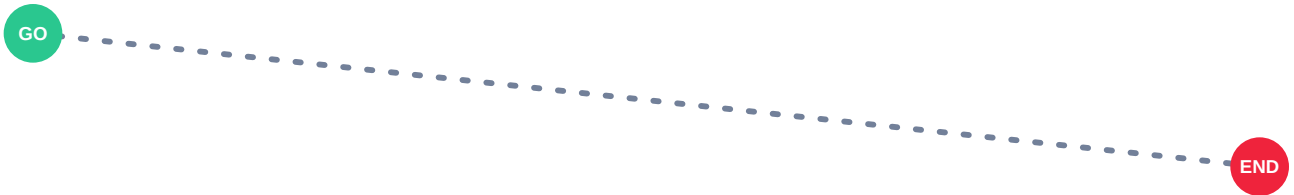
- Choose a comfortable crayon, marker, or pencil.
- Let your child pick a path and work at their own pace.
- Encourage smooth movements - not perfect lines.
- Try 5-10 minutes, then take a movement break.

A gentle reminder

Adult supervision is recommended. This packet offers playful educational practice and is not a substitute for an individualized occupational therapy evaluation or treatment. Stop if your child becomes tired, uncomfortable, or frustrated.

Straight & Slanting Lines

Start at GO. Draw slowly toward END.



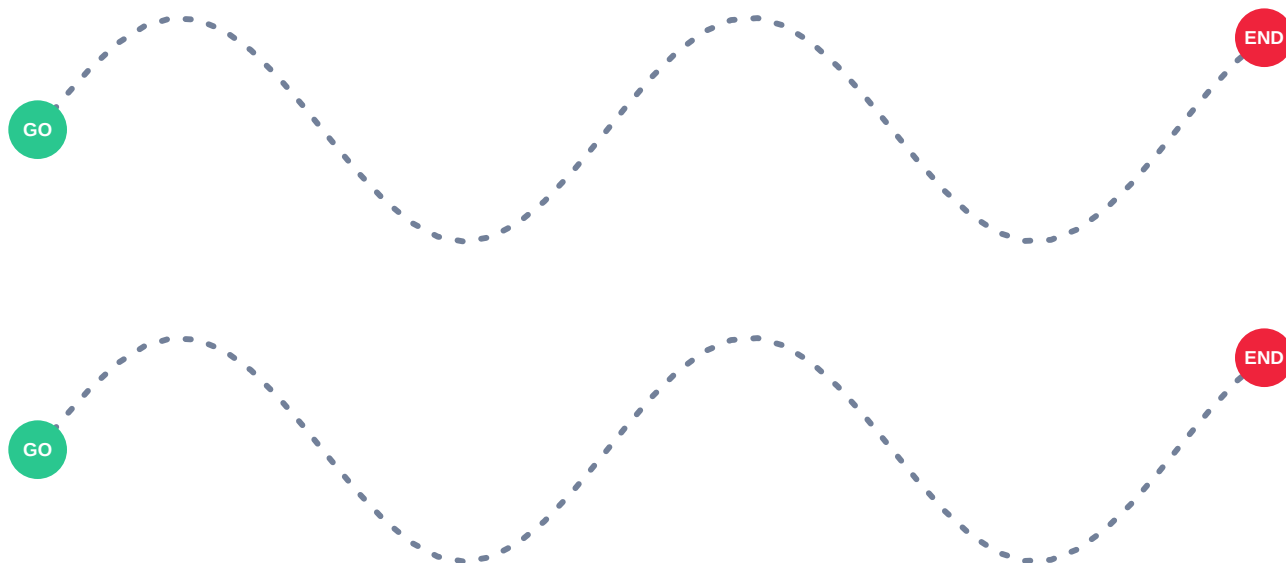
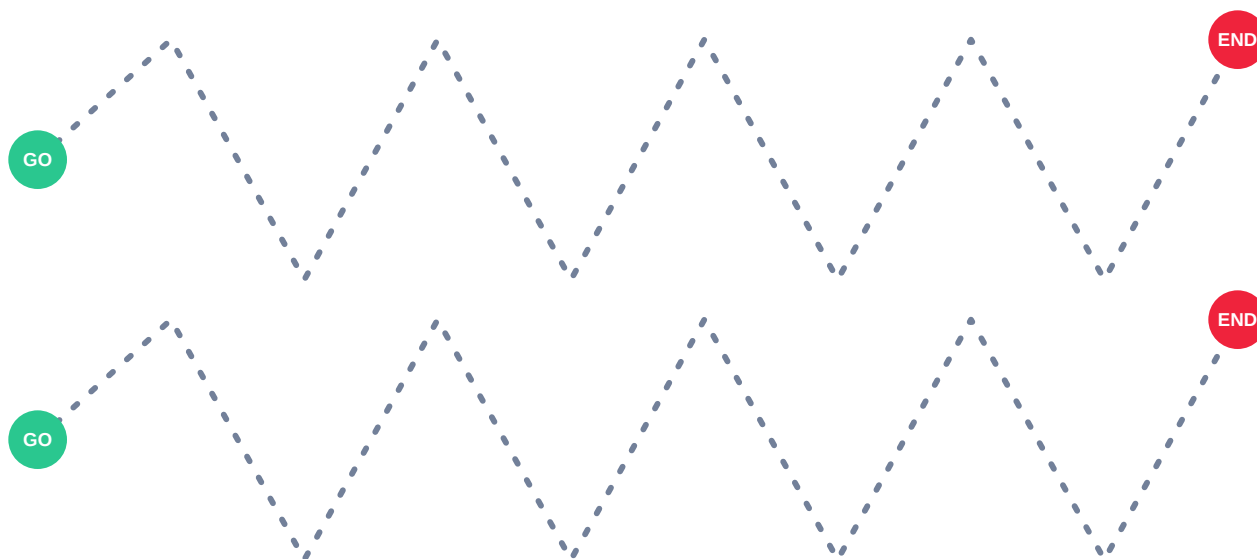
Curves & Waves

Keep your crayon moving through each smooth path.



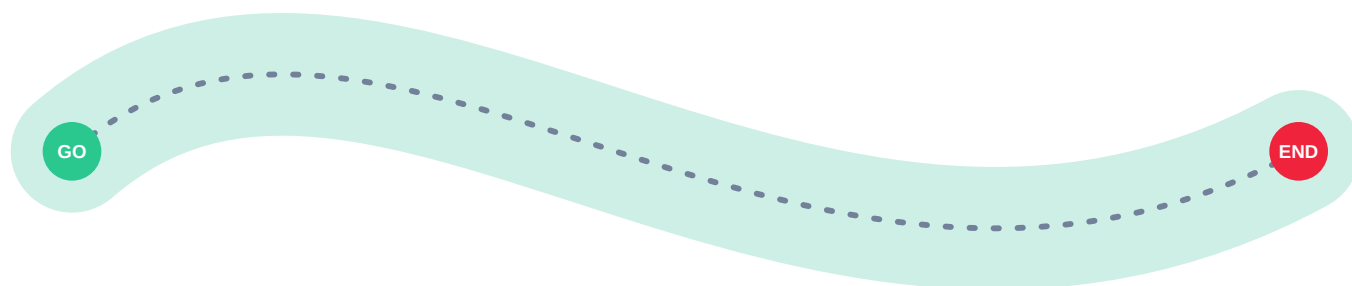
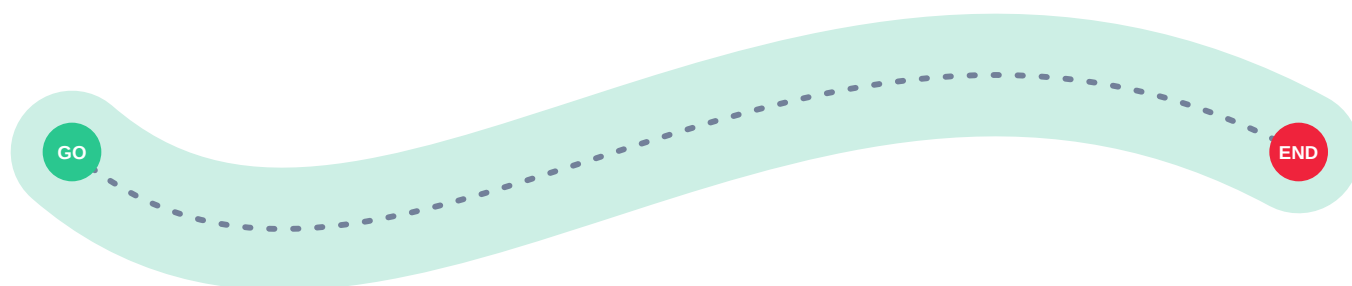
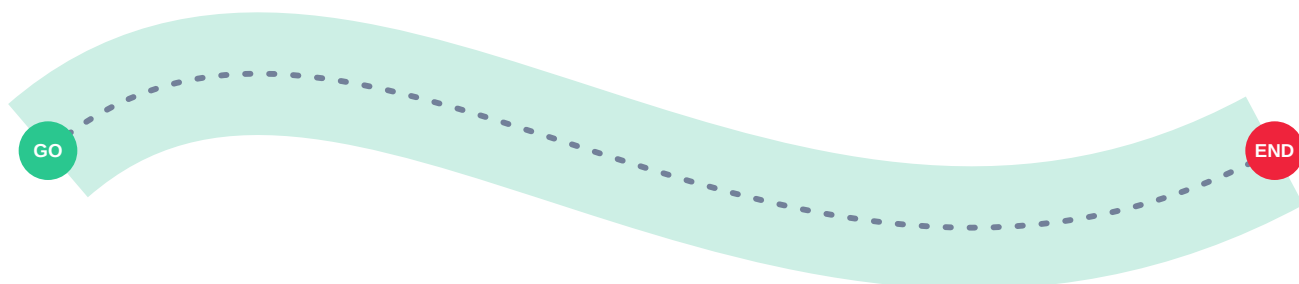
Zigzags & Loops

Sharp mountain turns first, then round loop-de-loops.

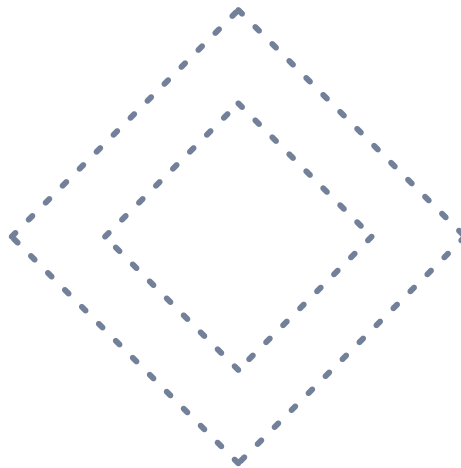
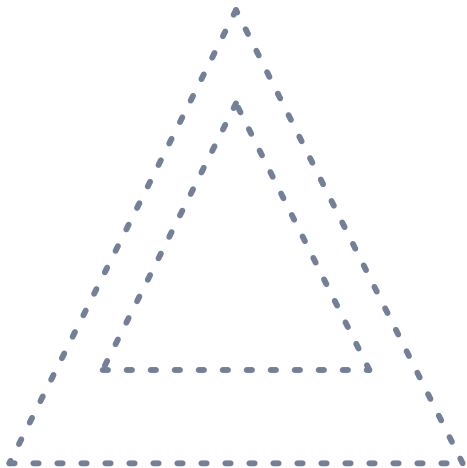
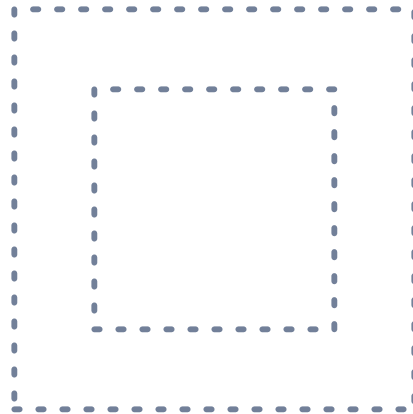
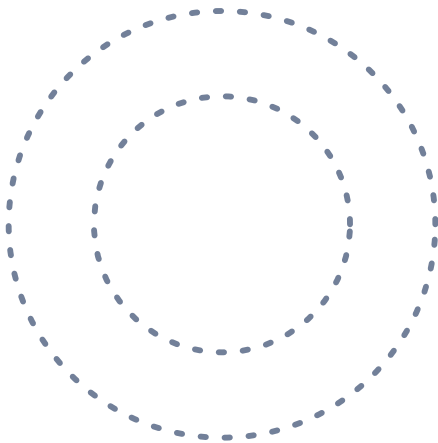


Stay on the Trail

Help each Path Pal travel through the road.



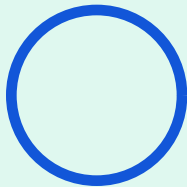
Trace around each shape. Try each one again inside.



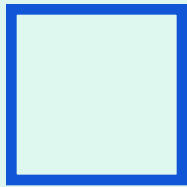
Look, Then Copy

Copy each shape in the empty box beside it.

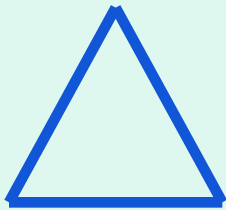
CIRCLE



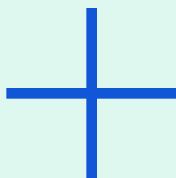
SQUARE



TRIANGLE



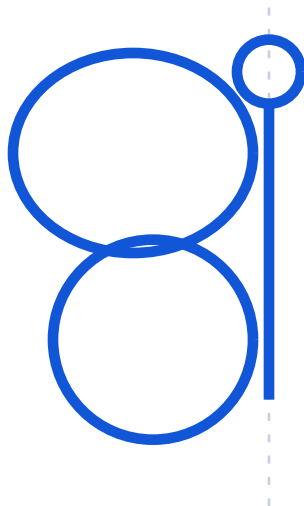
CROSS



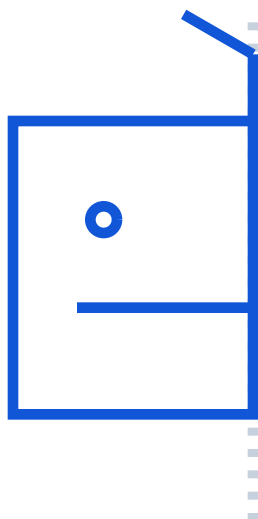
Finish the Pictures

Copy the left half to complete each picture.

BUTTERFLY



ROBOT



Letter Lab: Line Letters

Trace the big letters. These are built with straight lines.

L

F

E

H

T

I

My Own Path



Draw a path, a shape, or a picture of your own.

I practiced moving my hand slowly and smoothly!